

# The Uptown News Beat



Business and  
Professional  
Women/TX

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## From President, Sheila Warren

Let me start off by saying Thank You to each and everyone of you who have helped me in one way or another over the past two years. I could not have done any of the past two years with out your support.

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As I have been thinking back over my 11 years in Uptown I have actually grown in my confidence and presentation in front of large crowds. I have learned to conduct meetings and chair various committees. To actually think where I started in Uptown as the telephone committee chair, which consisted of calling each member on the phone to tell about events or take lunch reservations for the head count at the Petroleum Club to serving as president has been a complete pleasure. My mentors have always cheered me on and been there to give me advice any time I was in doubt of my next move.

To those before me and those who will come after me, let us continue to remember what our main focus or goal is as a member of BPW...Building Powerful Women: Women actually helping other women. We see it all around us. We can actually be a part of it by volunteering to be on a committee, to chair an event, to travel to out of town meetings and to be there when others need encouraging words. To quote a famous singer, Helen Reddy, "I Am Woman Hear Me Roar", never made much since to me until I became a member of Uptown.

As we come to the close of our 2008-2009 year our nominating committee, chaired by Patti Humphrey, presented a strong slate of nominees. With the help of the committee, Shirley Harris, Donette Marble and Debbie Gann they encouraged the following members to run for our 2009-2010 offices. For president, Debbie Gann of Arcadis US Inc.; 1st vice president, Stacy Nelson of the Bosworth Company; 2nd vice president, Jennifer Birkla of Robert Half International/Office Team; Treasurer, Jerri Ripplinger of Midland Fair Havens; and Secretary, Mona Bethany of T. Bob Amthor Co. Voting will take place on May 27, 2009 at the Petroleum Club noon luncheon. This luncheon meeting is closed to guests and members need to be current on dues to vote. We will also be taking nominations from the floor for each of these positions.

Our last program meeting for the year is on May 13th and will be at the Petroleum Club at noon. We will have Safe Place giving the presentation on Violence against Women. For reservations contact Debbie Gann at 687-5400.

State Convention is June 11th – 14th in Fort Worth. If you would like more information concerning registration contact Glenda Knox at 570-6612.

Installation of the newly elected officers for Uptown will be June 17th. More information about this will follow.

Again, thank you for sharing this great organization with me. It has been a pleasure serving Uptown.

Building Powerful Women,

*Sheila Warren*

Uptown BPW President  
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The author of this poem is unknown, but it certainly applies to many  
of us as we plan for a new year!!!!

*I am your constant companion.  
I am your greatest asset or heaviest burden.  
I will push you up to success or down to disappointment.  
I am at your command.  
Half the things you do might just as well be turned over to me,  
For I can do them quickly, correctly, and profitably.  
I am easily managed, just be firm with me.  
Those who are great, I have made great.  
Those who are failures, I have made failures.  
I am not a machine, though I work with the precision of a  
machine and the intelligence of a person.  
You can run me for profit, or you can run me for ruin.  
Show me how you want it done. Educate me. Train me.  
Lead me. Reward me.  
And I will then...do it automatically.  
I am your servant.  
Who am I?  
I am a habit.*



A recent health study determined that there are 3 primary reasons people can't cope in life:

- They have a low self-esteem
- They live in the past
- They don't laugh enough

In fact, the same study concluded that we need a minimum of 12 laughs a day just to stay healthy!

So..... to get you started off right for the new year:

My doctor is wonderful. Once, when I couldn't afford an operation, he touched up the x-rays.  
-Joey Bishop

Politics is supposed to be the second oldest profession. I have come to realize that it bears a very close resemblance to the first.  
-Ronald Reagan

I am a marvelous housekeeper. Every time I leave a man, I keep his house.  
-Zsa Zsa Gabor

Insanity doesn't run in my family. It gallops.  
-Cary Grant

Misers aren't fun to live with, but they make wonderful ancestors.  
-David Brenner

My therapist told me the way to achieve true inner peace is to finish what I start. So far I've finished two bags of M&Ms and a chocolate cake. I feel better already.  
-Dave Barry

I'm not going to vacuum 'til Sears makes one you can ride on.  
-Roseanne Barr

To attract men, I wear a perfume called New Car Interior.  
-Rita Rudner

If you love something, set it free. Unless it's chocolate. Never release chocolate.  
-Renee Duvall

My grandmother was a very tough woman. She buried three husbands and two of them were just napping.  
-Rita Rudner



**THE NATIONAL FEDERATION OF BUSINESS AND PROFESSIONAL WOMEN'S CLUBS, INC.  
EARLY HISTORY**

The National Federation was the first national organization in the world created by and for business and professional women. It has always been the largest national organization in its field. Our federation was officially established on July 16, 1919 as a nonprofit, nonpartisan, and nonsectarian association, but its roots go back some years earlier. When this nation mobilized for World War I in early 1917, the government found that women were organized into religious or cultural groups, or by separate professions, but not as an overall business and professional group. Therefore a Women's War Work Council was established by the War Department for this purpose; it was guided principally by executives of the Young Women's Christian Association and financed through a Federal grant of \$65,000.

The Council gathered information about trained women in all areas, reporting its findings to the Secretary of War. Some few women's groups were already organized along professional lines, but these were local only and had no communication with each other. Two leading women from each state east of the Rockies were invited by the Council to meet in New York to set up a National Business Women's Committee. The first outlines of this organization, which was a true forerunner of our National Federation, was drawn up at a meeting in the YWCA Cafeteria on Fulton Street in New York City in May, 1918. These women were prominent in many fields--law, medicine, journalism, education, insurance, advertising, and social work--women such as Ida Tarbell, one of the best known journalists of her day; Elizabeth Marbury, a famous play-broker and literary agent, and Mary B. Bullett, Associate Editor of American Mercury. They chose Lena Madessin Phillips, the new secretary of the National Board of the YWCA, as executive secretary of the organizing committee. Ms. Phillips had left behind the life of a musician to become a lawyer and activist for women.

After the Armistice was signed and war requirements were ended, the idea kindled in these women refused to die. Part of the \$65,000 grant still remained, and the Secretary of War agreed with them that classification and organization of trained womanpower should be continued as a postwar project. An office to carry out this assignment was set up at the YWCA, 600 Lexington Avenue, New York City.

The organizing committee divided the country into five districts and named an organizer for each. A public relations office was set up, and a tentative constitution was drafted. By March, 1919, the committee was ready to recommend the establishment of state federations and to call for a meeting of delegates from the states at a National Convention, to be held in St. Louis, Missouri, in July, 1919, with the objective of founding a permanent national organization. The response was much greater than anticipated. All but three states sent representatives to St. Louis, and 212 delegates registered. Total attendance was about 400, too large for the meeting facilities which had been provided. The hotel arranged to open up two connecting sample rooms and set up chairs, a table was hastily provided, but there was no gavel so the chairman borrowed a hard pin-box from a delegate and used it to call the meeting to order. By the time of the second National Convention which was held in St. Paul in 1920, great progress could be reported. The 372 delegates there adopted the Collect and appointed a committee to select the emblem. The Convention program emphasized better training and education for women and resulted in a plan for close cooperation with business schools of all types.

During the Depression, the Federation helped its members to develop new types of job opportunities and assisted various government advisory commissions in dealing with economic problems. With the advent of World War II, the Federation turned its talents and facilities to national wartime services. It developed a classification system for women in critical specialties; it supported the formation of women's branches in the Armed Forces; it purchased mobile kitchens to send to the British Federation; its members individually and collectively contributed substantial time, money, and supplies to various wartime causes. It was during this time that the Federation began its longtime support of a nurses training program for the Republic of China.

Thus, the National Federation founded because of a need for some group to correlate women's skills and activities in World War I, played a full and valuable role to provide support to the nation and our allies in World War II and in the post-war recovery projects here and abroad.

## BITS AND PIECES

Many members enjoyed the Christmas Party. There were great items on the silent auction tables. Uptown raised over \$1300.00 to be donated to M D Anderson Hospital for cancer research.



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Region 6 Director, Glenda Knox is busy planning the Region Spring Meeting. She will be getting us more information soon. The meeting will be in Midland, so it will be really easy to make plans to attend!! Please plan to attend to show your support of Glenda. She is representing Region 6 with a lot of style and grace.

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### Renewals:

**January:**

- Christina Ashing
- Lacey Bavousett
- Mona Bethany
- Kathy Blackman
- Diane Browne
- Peggy Driver

**February:**

- Fonda Martin
- Jo Fite
- Tiffany Blakely
- Penny Crosson

**March:**

- Kristine Ashley
- Lesley Goeres



### Birthdays:

**January:**

- 24-Tiffany Blakely

**February:**

- 8-Kat Blackman
- 14-Diane Browne
- 20-Mary Ann Brock
- 23-Evie Adams
- 24-Stacy Nelson

**March:**

- 3-Martha Adams
- 10-Kim Duncan
- 11-Jeanne Larance
- 21-Sheila Warren
- 30-Christina Ashing

